

HOLLAND PARK STATE SCHOOL AMATEUR SWIMMING CLUB



MEMBERS' HANDBOOK 2011/2012 SEASON

HOLLAND PARK STATE SCHOOL AMATEUR SWIMMING CLUB

HONORARY LIFE MEMBERS

Errol Gilbert
Karen Oliver
Jan Arrowsmith
Tom Arrowsmith
Kevin Nicholls
Wayne Baillie
Barbara Suess
Ted Curtis

COMMITTEE MEMBERS

President	Dave Greenwood	0419 587 525 dfgreenwood@optusnet.com.au
Secretary	Louisa Coote	0403 667 870 mlcoote@iprimus.com.au
Treasurer	Lesley Johnston	0404 121 390 princess64@optusnet.com.au
Canteen Coordinator	Vacant	
Registrar	Lexia Willmington	0448 942 376 lwillmington@bigpond.com
Race Secretary	Lexia Willmington	0448 942 376 lwillmington@bigpond.com
Merchandise	Sally Parenti	3847 8487
Computer Operators	Wayne Suthers Lexia Willmington Tim Currie	3397 8933
Head Coach	Phil Hughes	0434 867 017
Delegate to BSA and SQ	Phil Hughes	0434 867 017

Other Club Contacts

Swimming Administrator	Jan Arrowsmith	0407 242 817
Website	Tim Willmington	0417 748 538

THE HOLLAND PARK STATE SCHOOL AMATEUR SWIMMING CLUB

WELCOME TO OUR CLUB

The Club committee would like to welcome all parents and children to the coming swimming season - especially those children who are learning to swim and train through the Club or have joined the Club for the first time.

The Club is a Sub-committee of the Holland Park State School Parents and Citizens Committee (P & C). It operates under the direction of the P & C Committee and reports to it.

The beginners, learn to swim and squad training programs are operated by the Club using AUSTSWIM qualified learn to swim teachers and Bronze Level Head and Assistant Coaches. Further details of times and session fees are provided on the website. It is not necessary to be a member of the Club to receive tuition.

Members of the Club normally meet every Friday night from 5.30pm. Members are rewarded for improved swimming or other achievements during the season, compete at inter club swimming carnivals and for the Club age championships. Please note on club night, swimmers compete against children of equal ability, not in age groups. Club night also caters for younger children who can only swim half a pool length. A range of drinks, snacks and hot food are available on Club night.

We cannot cover everything in this handbook, so if there is anything you do not understand or would like explained further, please do not hesitate to ask one of our Club members. Club contacts are provided on the inside cover of the Handbook.

There are always changes or improvements that can be made to the way the Club operates. If you have any suggestions or ideas, the Club committee is happy to receive them in writing or from you in person at the monthly Club committee meeting. Everyone is welcome to Club meetings in the pool canteen - if you wish to attend, please call or see the Club Secretary to find out the details of the next meeting.

CLUB AND POOL HISTORY

The swimming pool owes its origin to the foresight of Mr. A. Duncan, the Head Teacher during the 1940s. After much fundraising, a pool was completed in 1951, but due to a polio epidemic the pool was not used until the following year. The pool design was unique - large but shallow - resulting in opinions such as - "useless", "without a deep end", "just a bird bath". However, it was acknowledged as a good pool for teaching swimming. Being a 'fill and draw' pool, it was emptied, cleaned, re-filled twice a week and manually chlorinated.

In the early 1950's, the Holland Park children were nominated for events in the Primary Schools Swimming Championships - a carnival held in the Valley Baths in March each year. For a couple of years they were "also rans" but by 1959 Holland Park was the premier metropolitan school in junior swimming.

School swimming races were held on Friday and Monday afternoons - in school hours with many mothers attending. Night meetings began so that the fathers could be involved. About a dozen pressure lamps were originally used for lighting which eventually led to the floodlighting of the pool area. The school amateur swimming Club was formed in 1970 through the efforts of the school Principal, Mr. Arthur Wood. The first President elected was Mr. Norm Seabrook.

During the 1990s the Club fundraised to deepen the pool and reduce the pool length to a standard 25m length. With the support of the Education Queensland, the School and the P&C (Michael Wilson and Michael Dowling) the Club was able to complete a new pool over the 1999 winter season. Constructing a new pool enabled a number of other pool improvements to be made including a wet deck and a safety foot ledge around the perimeter of the pool's deep end. New pool lighting was also installed using part of a \$25,000 Federation grant completed by Jan and Tom Arrowsmith and Tim McGahan. The painted blue line around the pool still shows the outline of the original pool.

The remainder of the Federation grant was used to construct a new canteen for the 2003/2004 season. Tim McGahan, Bruce Wallace and Noel Park oversaw this project. This canteen no longer exists due to the construction of the school hall.

Due to the efforts of Wayne Baillie, Guy Gibbons, Kevin Nicholls and Tom Arrowsmith, the club was awarded a Brisbane City Council grant to extend the pool surrounds, which was completed in the 2003/2004 season.

Further in 2006-2007 the pool was heated as a result of the efforts of the executive committee in obtaining a further Brisbane City council Grant that has provided a more comfortable swimming environment for our members to utilize the majority of the year.

The club also purchased an electronic timing system including a electronic scoreboard in the 2006-2007 season being the first swim club in the area to do so.

The Club has about 150 members and functions successfully due to the efforts of dedicated parents and carers who give willingly of their time to act as marshals, time keepers and canteen assistants.

INFORMATION ON CLUB

1. FEES AND RULES

(a) Club Fees for the current year

Club membership - \$163.50 for one child which includes BSA (Brisbane Swimming Association) membership for that child, plus \$30 for each additional child thereafter. BSA membership for second and subsequent children is optional. BSA alone costs \$63.50.

(b) The Club is designed to bring the whole family together in a healthy sport. Children compete in events – parents conduct events. Without parent participation and support the Club night cannot operate. Please help your children by acting as timekeepers, the gate attendant, announcer, canteen assistants, or in any other capacity as required. The Club is run by the Committee for your children, it is impossible to do it all ourselves.

Parents are expected to help with the following positions.

A \$5.00 canteen credit will be awarded to each volunteer on Club nights.

From 5.00pm

Gate attendant

From 5.15pm

Race Starter

Starting Marshal + Assistant Marshal

Announcer

12 x timekeepers

*Canteen - 3x food preparation, 2 x servers
(all must stay to clean up)*

From 5.30pm

1 x Barbeque cook

Pool gate entry Friday night \$1 per swimmer or \$2 per family

(c) **A parent or adult carer must accompany swimmers.** No child will be permitted into the pool enclosure unless accompanied by a parent or adult carer. The Club cannot be held responsible for the behaviour and safety of children.

(d) Swimmers have a responsibility to listen to the announcer for their events being marshalled. Swimmers must be quiet in the marshalling area and wait for their name to be called by the Marshal, so they can be advised as to which heat they will be swimming in. They must at all time listen to the instructions of the Marshal and Assistant Marshal. If a swimmer does not present for the race it will start without them and no points will be received.

- (e) **Swimmers must swim in the lane allocated to them.** This is extremely important so that information fed back into the computer is accurate. **Swimmers must stay in their lane in the water at the end of the race,** until they are told to exit the pool. Swimmers in 50m races stay in their lanes, in the water, near their lane rope until the next 50m race has started.
- (f) You will be given a Program Card when you register your children. This will detail the Club's activities for the season. You can also record your children's times. Remember to bring this card with you every Friday night. Additional copies of these cards are available at the Office. The Club reserves the right to change the program without notice.
- (g) **Children must stay within the pool enclosure on Club nights** - no child will be permitted outside this area at anytime, unless in the company of a parent or adult carer. The swimming program will be stopped if children are not under the control of their parents or carer.
- (h) Families must be fully financial to compete in the Club Championship Carnival, Inter-Club Carnivals, and receive trophies on presentation night.
- (i) Alcohol will only be available through the Club, when a permit is granted, such as on special occasions as indicated on the Program Card. Alcohol should not be bought into the pool area without the permission of the Club and the School Principal. A range of soft drinks, juices and mineral water, are available from our canteen.
- (j) **Glass containers are not permitted in the pool area at any time.**

2. CLUB MERCHANDISE

Club design togs, Club swimming caps, Club shirts and goggles are available for purchase at the pool office 3.15 to 5.00pm Monday to Friday or at Club on a Friday night.

3. FRIDAY NIGHT CLUB COMPETITION

- (a) The Club competition night shall be held on Friday nights. **Nominations for Club competition can be made:**
 - **On the Nomination Sheets held at the Pool Office during the week, or on the Friday Night prior.**
 - **Nominations close on Thursday at 5.30pm.**

Racing will commence as soon as practicable after 5.30pm on the Friday.

- (b) In the event of doubtful weather (eg storm) prior to 5.30 pm, a decision will be made by the committee at 5.15 pm as to whether the night will proceed. **If time permits, an email will be forwarded to club members advising of the night's cancellation.** If the decision by the committee at 5.15 pm is that the night will proceed, the committee reserves the right to cancel the night at any time thereafter if weather is an issue
- (c) The swimmers score points based on consistency and improvements in their swims each week. These points contribute to the awarding of Club Aggregate Points Champion's Trophies. The Holland Park Club Age Championship Carnival is a separate event (see section 3).
- (d) Competition works by classifying the swimmers into 25m and 50m events. Each week the computer generates the program, searching for the swimmers best time, not necessarily last week's time, in that event. It then places them in a race with other comparable swimmers.
- (e) One race, for each stroke, is allowed per night (not including the Special) and in order to swim 50m races, the swimmer must qualify by reaching a time standard as specified in 3.(k). A swimmer may swim a combination of 25m and 50m depending upon their proficiency in any of the four strokes.
- (f) Once the 25m qualifying time is swum the swimmer will automatically be promoted to the 50m race in that stroke.

(g) **Points system**

Points are awarded based on a comparison of the time swum on a Friday night for each stroke with a swimmer's best time recorded in the computer as follows: (Please note that the best time may be from a previous season.)

	50m	25m
<i>More than 2.5 secs. slower</i>	1	1
<i>Between 1.5 and 2.5 secs. slower</i>	2	2
<i>Between .5 and 1.5 secs. slower</i>	3	2
<i>.5 sec either side of best time</i>	4	3
<i>Between .5 and 1.5 secs faster</i>	5	4
<i>Between 1.5 and 2.5 secs. faster</i>	6	5
<i>More than 2.5 secs. faster</i>	7	5

If a faster than best time is recorded, then this time becomes the swimmers best time.

Children graduating to 50m races in any stroke receive 4 points for this swim.

- (h) Swimmers selected for school swimming meets extraneous of the swim club that take place on a club night will have points averaged over a decreased number of Club Nights ie. if 16 nights for a season and one school rep swim points will be averaged over 15 club nights.
- (i) Competitors must be able to swim at least one length of the pool unaided, to be eligible to participate in club competition. Younger children are able to participate in half length kickboard/freestyle, backstroke, breaststroke and butterfly races. No points are awarded for this competition. Points commence when children start swimming the full length races on Club night. We encourage all 12.5 metre swimmers to graduate when they feel ready.
- (j) Club competitions will be over the four strokes in both 25m and 50m with events conducted on a times basis without regard to age. One other "Special" event will be added to the Club program every Friday night. To qualify for 50m events a swimmer must better the following times:-

<i>25m freestyle</i>	<i>23 secs</i>
<i>25m backstroke</i>	<i>28 secs</i>
<i>25m breaststroke</i>	<i>30 secs</i>
<i>25m butterfly</i>	<i>26 secs</i>

on one Club swim, or be over 10 years of age.

To qualify for 100m or 200m events a swimmer must be 10 years or older or be able to swim faster than the following times.

<i>50m freestyle</i>	<i>50 secs</i>
<i>50m backstroke</i>	<i>60 secs</i>
<i>50m breaststroke</i>	<i>65 secs</i>
<i>50m butterfly</i>	<i>65 secs</i>

One swim only needed at this time. Medley swimmers need to qualify in 2 strokes.

- (k) Should a person have a grievance of any kind with regard to children's times these grievances must be submitted in writing to the Committee, no longer than 7 days after the event. Grievances that come to the Committee's attention after this 7 day period will not be considered.

4. TROPHIES

The Committee will award the following trophies at the end of each season.

These awards will reflect the aims of the Club which are based on:-

*Participation
Sportsmanship, and
Achievement*

Encouragement Medallions/Trophies/Ribbons

These medallions are awarded to the younger members, who are still swimming the 12.5 m races.

Stroke Trophies

These trophies are awarded to the Most Improved 25m and 50m swimmers in all strokes, regardless of age. They are presented to both male and female swimmers.

Junior and Senior Special Trophy

These trophies are awarded to the Junior and Senior swimmers (male and female) who achieve the highest club points in the Special events.

Achievement Awards

There will be no distinction between age and gender. The three levels of awards will be Gold, Silver & Bronze. The only distinction will be junior and senior swimmers (because Specials are not counted for junior swimmers).

The method of calculating will be:

Senior

Gold	14 Points per complete club night
Silver	10 Points per complete club night
Bronze	All other swimmers

Junior

Gold	11 Points per complete club night
Silver	7 Points per complete club night
Bronze	All other swimmers

All points are averaged over the season.

Coach's Sportsmanship Award

These are awarded to children (chosen by the Coach) who continually show a positive attitude and sportsmanship.

5 and 10 Year Continuous Membership Awards

When children have been continuous members of the Club for 5 or 10 years, they are presented with Long Service Membership Awards on Presentation Night. Continuous membership is the only criteria needed for these awards.

Certificates

Certificates are presented to every swimmer showing season's best times in each stroke. These will also be presented on Presentation Night.

Club Age Champion Trophies

The Club Age Champions will be selected solely on their performances from the Club Age Championship Carnival. A boy and girl from each age group represented, with the highest number of points from the carnival will be awarded the Trophy. A runner-up will also be awarded a trophy. In the event of joint winners, there will be no runner-up.

BSA Trophy

The Club awards a trophy to the swimmer who accumulates the most points for the club in BSA and Swimming Queensland meets throughout the season.

Club Aggregate Points Trophies

Hon. Gary Fenlon, MLA – Junior Club Points Champions

Hon. Kevin Rudd, MHR – Senior Club Points Champions

The method of selecting the Club Aggregate Points Champions will be the combined total of a swimmer's improvement points and the Club Age Championship's points. Also added to this figure will be 5 points for each pool record (not club record) held at the end of the season by that swimmer that was set during the season (with a maximum of 50 points). Points for both Junior and Senior Specials will count for the Club Aggregate Points Champions Awards.

The Club Aggregate Points Champions (one junior girl, one junior boy, one senior girl and one senior boy) will be the swimmers with the highest number of points (Junior is 9 Years and Under, Senior is 10 Years and Over).

The names of the Club Aggregate Points Champions are engraved on the Perpetual Shields that are kept in the School Library.

5. **HOLLAND PARK CLUB AGE CHAMPIONSHIP CARNIVAL**

The Holland Park Club Age Championship Carnival will be held once a year, at the discretion of the Committee. It will be conducted over two consecutive Friday nights (weather permitting). The Program Card shows the dates of the championship carnival.

Children will only be permitted to swim in the championship carnival if they are a fully financial member of the Club.

(a) Qualifications and nominations

To qualify for the Club Age Championship Carnival, a swimmer must have competed at least 7 times in that particular stroke, to be eligible to swim that stroke in the Club Age Championship Carnival. These qualifications will be decided on entirely by the statistics provided by the computer. If a swimmer has registered for the second half of the season (i.e. January-March) only - then they must have competed in a minimum of 4 times in each stroke, prior to the nominations being accepted for the championship carnival, to be eligible to compete in these strokes at the championship carnival.

For the smaller children who have only just graduated from the half length freestyle/stroke races they will be permitted to swim in the championship carnival. This only applies to children under 7 years of age. **They must have completed one full lap of each stroke to qualify to swim in that stroke at the championship carnival. Children will not be permitted to swim in the championship carnival, unless all the criteria have been met.**

The age of the swimmer will be calculated as at the first night of the Club Age Championships, "age on block". If a swimmer has a birthday between the two Club Age Championship Carnival dates, the swimmer competes in the age group that they are on the first night of the two carnivals.

Nominations for the championship carnival must be made 3 weeks in advance so that the program can be finalised. After 2 weeks the program will then be displayed for competitors to check the nominations. Final changes may only be made during the last week of this three week period. There will be no changes to the program after this time. The program will then be printed or emailed for the carnival.

Swimmers can nominate for the following events only (if eligible):-

<i>8 years and under</i>	<i>25m events only</i>
<i>9 years</i>	<i>25m events and 50m freestyle</i>
<i>10 years and over</i>	<i>50m events, 100m freestyle and 100m Medley</i>

The Proposed format is:

Night 1

50m Butterfly - starting with 10yrs
25m Butterfly – starting with 6yrs and under
50m Backstroke – starting with 10yrs
25m Backstroke - starting with 6yrs and under
100m Freestyle – starting with 10 yrs.

Night 2

50m Freestyle – starting with 9yrs
25m Freestyle - starting with 6yrs and under
50m Breaststroke – starting with 10yrs
25m Breaststroke – starting with 6yrs and under
100m Individual Medley – starting with 10yrs

The Committee reserves the right to make changes as deemed necessary.

(b) Procedure

The races will follow the order set out on the program, with no additions, only deletions because of sickness or as deemed by the Club President.

Records for the Club Age Championship Carnival (Club Championship Records) will be maintained from year to year by the Club. These records are separate from the pool records, which are maintained from night to night.

A Referee will be appointed for the Club Age Championship Carnival. The full complement of Officials will be required in order to proceed with the carnival. Announcer, timekeepers (12), starter, false starter, marshal and assistant marshal.

(c) Points allocation and ribbons/medallions

Points will be allocated for the places at the Club Age Championship Carnival as follows:-

<i>1st Place</i>	<i>6 points</i>
<i>2nd Place</i>	<i>5 points</i>
<i>3rd Place</i>	<i>4 points</i>
<i>4th Place</i>	<i>3 points</i>
<i>5th Place</i>	<i>2 points</i>
<i>6th Place</i>	<i>1 point</i>

Ribbons/medallions will be awarded for 1st, 2nd and 3rd Places. It should be noted that if there is more than one heat in an age group – the placings are determined on a times basis over the number of heats. **No Finals** will be held.

(d) The Program

The Program will be so devised that the swimmers have a sufficient rest between swims. The Club Age Championship Carnival will be conducted under the rules of the Queensland Swimming Association, disqualifications will occur for children 9 years and over.

In the case of swimmers 8 years and under, the referee may disqualify a swimmer for a breach of rules, if the referee believes the swimmer has gained an advantage. If there are any inconsistencies between the rules listed in the handbook and those listed in the program, the rules listed in the program will take precedence.

6. INTER-CLUB COMPETITION AT CARNIVALS

- (a) Swimmers will self-nominate for carnivals. The carnival selectors will select the appropriate swimmers for the grading of the carnival. Please note that by nominating for a carnival, a swimmer is not guaranteed selection for a particular carnival, but it is the club's policy that all swimmers who wish to swim in carnivals will be offered a carnival swim during the season. Once a swimmer has been selected to attend a carnival and agreed to participate they are obliged to do so. Any swimmer who does not attend a carnival after agreeing to do so without satisfactory explanation, will not be in line for selection at the next relevant carnival.
- (b) Parents must realise that a great deal of time and effort by several people goes into preparing paperwork and organising children to compete in these carnivals. **To just not attend on any day without notifying a member of the Carnival Selection Panel causes severe disruption to the program. So please give us the courtesy of a telephone call.**
- (c) Swimmers must be fully financial to participate in all carnivals.
- (d) Parents of participating swimmers are expected to assist the home-club in the running of the inter-club carnival. Please don't leave it up to the same parents all the time.

7. COMPETING IN BSA AND QSA CARNIVALS

Swimmers are **strongly** urged to participate in BSA points meets. Every swimmer gains points for the club. The Club currently competes in the Brisbane Swimming Association (BSA) competition, in Division 3 for 2011/12. The club gains recognition for placing in the top three teams in the division. Similarly, swimmers are encouraged to nominate for QSA meets. Throughout the season, swimmers will be selected to represent the Holland Park State School Amateur Swim Club at competitions. Selection will be based on personal best times set by the swimmers and the Head Coach's discretion.

A list of available carnivals and their dates is available on the **Qld 'Happening Calendar 2011/2012**. This document is available on the Swimming Qld website **www.qld.swimming.org.au** and follow the link on the home page. **THIS CALENDAR IS CONSTANTLY BEING UPDATED**

ALL SWIMMERS MUST WEAR A **CLUB CAP** WHEN REPRESENTING THE CLUB AT ANY CARNIVAL.

8. CLUB AND POOL SWIMMING RECORDS

There are two types of records - Club Championship Records and Pool Records.

Club Championship Records can only be held by members of the Club and can only be set at the yearly Age Championship Carnival. The reason for this is that the Age Championship Carnival is the only occasion where Club swimmers from the same gender and age actually swim against each other.

Pool records can be set at any home carnival, including the Club Age Championship Carnival or club night and can be held by swimmers outside of the club. The pool record is the fastest swim by any swimmer from a particular gender and age for a particular stroke - it is an all-comers record. A pool record can also be the club championship record if it is the best swim in the pool and was set at the Club Age Championship Carnival. The age of a swimmer setting a pool record and Club Age Championship record is "age on block".

Club Championship and Pool Records as at the end of the previous swimming season are provided on the Swim Club's website.

(a) Rules for setting records

Club Championship Records

As already stated, a club champion record can only be set at the Club Age Championship Carnival. Any swimmer who betters the current club championship record will set the new club championship record. In the event of a swimmer equalling a club championship record, the record will then be shared with the previous record holder.

Pool Records

At a home carnival, including the Club Age Championship Carnival, a pool record will be set if a swimmer's time betters the previous pool record. In the event of a swimmer equalling a pool record, the record will then be shared with the previous record holder.

A swimmer can also break a pool record on a club night

9. DUTIES AND SELECTION OF CAPTAINS AND VICE CAPTAINS.

Duties

Club Captains and Vice-Captains are expected to help with the running of club night (ensuring the lane ropes are in the pool; times' boards are in position, etc) and assisting where practical at carnivals (marshalling). Captains and Vice-Captains must attend club night regularly and must attend carnivals when selected. The Captains and Vice Captains will be announced on the fourth club night.

Captains are expected to provide leadership, supervise younger children, assist with the running of the club when required, and make "thank you" speeches.

Selection of Vice-Captains

Eligible candidates are from all grade six (6) and above children who are financial members of the Club and have been a previous member of the Club. All children that meet these criteria will be automatically nominated.

There are 2 ways in which vice-captains may be selected and this decision will be at the discretion of the Committee.

The 2 ways are: by votes taken in a secret ballot by grade four (4) and above club members at a club night; or selection by the Committee.

Selection of Captains

Eligible candidates will be financial members of the club who have been members of the club for at least two seasons and are at least in grade seven. There will be up to four club captains selected by the committee. There must be at least one male and female captain, but the numbers do not have to be equal. The committee will consider age, length of service, as well as attitude and leadership qualities.

10. CONDUCT AND SUPERVISION

(a) Members must at all times obey the instructions of any Club Office Bearer or Official. Wilful or persistent disobedience of Officials' instructions, or misconduct liable to bring discredit to the Club, will result in suspension or loss of championship points by the Committee.

(b) **Swimmers must be accompanied by a parent or an appointed adult carer at all club nights, inter-club competitions and any other formal or informal event held on the premises or elsewhere by the Club.** This person is to be responsible for the swimmer or non-swimmer during the entire program. Failure to ensure adequate supervision may result in suspension or loss of championship points. The Club takes no responsibility for minding,

supervision or enforcement of the rules relating to children at Club events and functions. The parent or appointed adult carer is fully and solely responsible for this supervision. Parents or appointed adult carers must ensure that the children only leave the pool area under their supervision and parents and appointed adult carers undertake to the Club to manage and supervise children under their care, if those children leave the pool area during a Club event or function.

- (c) Parents and guardians must advise the Club immediately if a child develops any condition likely to affect the child's ability to engage in activities offered by the Club or may affect others with whom the child comes into contact at Club events or functions.
- (d) No bad language of any description from any swimmer or non-swimmer will be tolerated at any time, whether club night or inter-club competitions. A swimmer who has been found to have used bad language will have their championship points automatically taken away.
- (e) Excessive movement of children (swimmers and non-swimmers) is not permitted along the pool concourse. No running, boisterous play, or large groups of children should be permitted by parents or adult carers in or around the pool area. The club night program will be stopped if children are not under the control of their parents or appointed adult carer.
- (f) Children are to have no involvement in timekeeping.
- (g) No children (swimmers or non-swimmers) will be permitted to enter the Office at any time for any reason without specific permission from the Committee or staff, unless receiving First Aid Treatment or invited in there by one of the above people.
- (h) No handstands, yo-yo's, skateboards, scooters, skipping ropes, elastic and marbles will be permitted inside the pool compound. Any child found disobeying these rules will have championship points automatically deducted. Parents, please note this is for the safety of all children.
- (i) Club nights can only be cancelled at the Pool by the decision of members of the Committee in attendance. These Committee members may abandon any Club Nights during the course of the Program if it is considered that weather conditions will endanger the safety of the swimmers.
- (j) By applying for membership of the Club, parents and guardians undertake to the Club to exercise appropriate management, care and supervision of children at Club events and functions. Activity undertaken by the children at these events and functions is only permitted on the basis of this assumption of sole risk and responsibility for supervision of the children. If parents or guardians are unable or unwilling to exercise this management and supervision, children must be removed from the function or event immediately. The Club takes no responsibility for loss or damage of any kind arising in connection with the activity of adults or children at Club events or functions.
- (k) Parents and guardians, by applying for membership, undertake to ensure that the parent/guardian, any children nominated or attending at Club events and functions, and any other adult or relative attending with or in connection with the adult guardian, or the children, abides by the Club Rules, and accepts the direction of authorised officers of the Club at all times.
- (l) As a pre-condition to membership of the Club, parents and guardians authorise officers of the Club to apply appropriate medical and first aid treatment, and to engage medical treatment in the event of injury to any children, which may include engaging ambulance assistance.
- (m) Parents and guardians have an obligation to advise the Club of any illnesses, medical conditions, health problems or other circumstances which are likely to affect the child's ability to undertake the activities envisaged or conducted by the Club. Parents and guardians must provide sufficient information to enable the Club to adequately decide whether it has the ability to conduct and provide activities for children with such conditions.
- (n) The Club reserves the right to decide, in any circumstances, that it cannot safely provide any activity or activities for particular children, and, on that basis refuse membership, or place restrictions upon activities permitted by that child, which are organised by the Club.

- (o) Parents and guardians have an obligation to ensure that appropriate precautions are undertaken to prevent children being collected or removed from Club events or functions, by persons who are not authorised to do so. The Club takes no responsibility for providing precautions to prevent unauthorised removal of children from Club events and functions.

11. CODE OF CONDUCT

The following is an extract from '**Swimming Australia**' guidelines for swimmers, spectators and officials. It is our expectation that you make yourself familiar with these and commit to meet these guidelines. They form part of the rules of the Club and are to be followed by all people in attendance at Club events.

In Australia we are proud of our sporting ability and our reputation as a nation of good sports. Our society expects high standards of behaviour from all people involved in sport, and it is vital the integrity of sport is maintained. At every level of sport, the principles of fairness, respect, responsibility and safety should be maintained.

Swimming Australia is at all levels, committed to upholding the principles of:

FAIRNESS

Operating within the spirit of the rules, never taking an unfair advantage and making informed and honourable decisions at all times.

RESPECT

Recognising the contribution that people make to sport, treating them with dignity and consideration, as well as caring for the property and equipment they use.

RESPONSIBILITY

Taking responsibility for one's actions and being a positive role model at all times.

SAFETY

Encouraging healthy and safe procedures, preventing and reporting dangerous behaviour, while demonstrating concern for others.

GENERAL BEHAVIOURAL GUIDELINES

Swimming Australia promotes the following behavioural guidelines to all people involved in any way with the sport of swimming, particularly those responsible for activities involving members under the age of 18 years. These behavioural guidelines highlight the principles and values of Swimming Australia and are the core principles of the Member Welfare and Child Welfare Policy documents.

As a person involved in any way with the sport of swimming, the following standard of behaviour is expected:

- Respect the rights, dignity and worth of others.*
- Be ethical, considerate, fair and honest in all dealings with other people and organisations.*
- Be professional in, and accept responsibility for your actions.*
- Make a commitment to providing quality service.*
- Be aware of Swimming Australia's standards, rules and policies.*
- Operate within the rules and spirit of the sport, including the national and international guidelines that govern Swimming Australia.*
- Understand the possible consequences of breaching Swimming Australia Member Welfare and Child Welfare Policies.*
- Immediately report any breaches of the Swimming Australia Member Welfare and Child Welfare Policies to the appropriate authority.*
- Refrain from any form of abuse towards others.*
- Refrain from any form of harassment toward others.*
- Refrain from any form of discrimination toward others.*
- Refrain from intimate relations with members whom they have a supervisory role or power over.*
- Refrain from any form of victimisation toward others.*
- Provide a safe environment for the conduct of activities in accordance with any relevant Swimming Australia policy.*
- Show concern and caution toward others that may be sick or injured.*
- Be a positive role model.*

COMPETITOR BEHAVIOURAL GUIDELINES

- Abide by the General Behavioural Guidelines.*
- Follow the rules of Swimming Australia at all times.*
- Give your best at all times.*
- Never argue with an official. Use the appropriate rules and guidelines to resolve a dispute.*
- Control your temper. Verbal or physical abuse is not acceptable.*
- Work equally hard for yourself and/or your team.*
- Be a good sport. Applaud good performances whether they are made by your team or the opposition.*
- Treat all swimming participants, as you would like to be treated. Do not bully or take unfair advantage of another competitor.*
- Cooperate with your coaches, team mates, opponents, management, event staff and officials.*
- Participate for your own enjoyment and benefit, not to satisfy the expectations of others.*
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, ethnicity, cultural background or religion.*

PARENT / GUARDIAN BEHAVIOURAL GUIDELINES

- Abide by the General Behavioural Guidelines.*
- Encourage your child to participate in sport for their individual enjoyment, personal satisfaction, and improvement.*
- Focus on your child's effort and performance, rather than winning or losing.*
- Encourage your child to abide by the rules and accept judgements made by officials.*
- Never ridicule or yell at a child for making a mistake or performing below expectation.*
- Be an example to your child and others. Appreciate good performances by all participants.*
- Support all efforts to remove verbal and physical abuse from the sporting environment.*
- Show appreciation and respect for all people involved in your child's swimming.*
- Respect the rights, dignity and worth of all participants, regardless of their gender, ability, ethnicity, cultural background or religion.*

SPECTATOR BEHAVIOURAL GUIDELINES

- Abide by the General Behavioural Guidelines.*
- Remember that people participate in sport for their enjoyment and benefit, not yours.*
- Applaud good performance and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the outcome.*
- Respect the decisions of officials, and teach others to do the same.*
- Never ridicule or scold an athlete for making a mistake. Positive comments are motivational.*
- Reject the use of violence in any form, whether it is by spectators, coaches, officials or competitors.*
- Show respect for all athletes. Without them there would be no competition.*
- Encourage competitors to follow the rules and the official's decisions.*
- Do not use foul language, sledge or harass other competitors, coaches or officials.*
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.*

Swimming Australia Behavioural Guidelines as at 2010.

Failure to abide by these rules may result in your removal from the venue.